

SEPTEMBER 2012

Peckys News



General Manager Update

Hello everyone,

Hope you are all well and enjoying spring. The cold weather has now passed and we are looking forward to the summer, surf and Christmas time.

It has been a busy three months, we have just had our AGM and we have nominated a new Board. The Board determine our mission and purpose and oversee and manage our organisational strategic direction.

We have just started a new program named Supporting Living. The idea of this program is giving the person real choices and control over decisions on their lives including, where they would like to live, who they would like to live with and the supports they need to live the lifestyle they choose. The person is individually funded and support includes, life skills training such as cooking, hygiene, travel and community linkages. We look forward to developing this new model in partnership with the families and hope to grow this program in the future.

Due to the generous donations of sponsors from the local community, we have purchased and built a new shed at the Prospect site. The shed will be used for storage and also has an undercover work area for Peter our handyman. We have been using the old animal shed for storage, so the new shed will be appreciated by everyone on the site.

A special thankyou to Blacktown Worker's club who donated \$2000 to purchase a

new outdoor table and chairs for the Sargents Centre. The staff and clients are currently choosing which one is suitable, so keep your eyes out for the new piece of furniture next time you visit.

It is almost time for our annual client/carer survey. This is a valuable tool that we use to evaluate how our programs have been performing over the past year and look towards the future and what improvements we need to make. Please take five minutes to fill it in and contribute to our organisation and the services we provide to your family member.

It won't be long and Christmas will be upon us. I look forward to seeing you all at the Family Christmas party. We have booked it for the Saturday 15th December, please look out for your invitation soon.

Heidi

Day Service

It is with great pleasure that I welcome you to our September edition of our News letter. Spring is definitely in the air and how refreshing it is to see the sunshine and experience lovely warm weather again.

Activities

It has been a very busy term indeed with clients participating in various exciting activities.

Our pamphlet group attended a day out on a fishing charter around Newport Wharf. They enjoyed a BBQ lunch and caught a variety of fish. One client was so excited about taking his catch home that he enjoyed it for dinner that night. Mike the skipper and the Team from Red Balloon were most hospitable and ensured that everyone had a great time.

Peckys Disco was a huge success! It was lovely to see our clients and friends from other services getting together and doing the "bogey", smiles all around and the feedback from all was very positive. We

look forward to the next one in the near future.

Our Choir group has been formed this term. It is a combined effort with the team from Eurella. The program is facilitated by the musical team at Peckys. Our aim is to perform to the elderly in the aged care facility by the end of this year. The way that it's progressing so far it won't be long till the group perform at the Opera House!

Pete and his team of helpers have been very busy with beautifying the courtyard area at the back of the cabin. In doing this project the boys have learnt some trade skills such as cementing, paving, sawing, nailing etc. The garden beds have also been put together and very soon we will have some lovely fresh herbs and tomatoes for the summer months.

YMCA - we have recently participated in the YMCA program of rock climbing, and to our surprise selected clients have taken to this form of activity extremely well. Next term we will be incorporating rock climbing and utilizing the gym there also. All activities are supervised and facilitated by a trained member of the YMCA staff.

The clients from the park group have been learning about road safety at Holroyd gardens. The activity is assisted walks with staff, the clients are taught basic road safety and signs. As the majority of the clients in this group are non verbal, we feel that it is an important life skill to develop. All great things begin with one small step!

Up and coming events for 2012

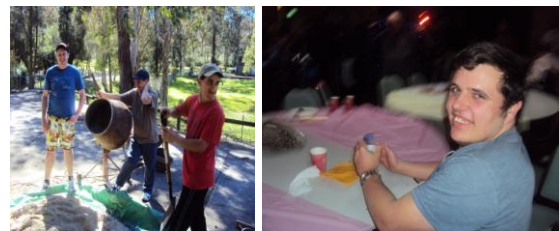
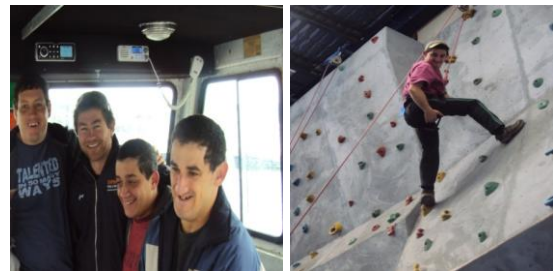
Melbourne Cup Day – 6th of November

Sail ability – African Drumming

Belly dancing Clients Christmas party

On that note a big thank you to all our clients for making our day here at Day Service so bright and colourful. Thank you to the family and carers for their ongoing support and encouragement, and mostly thank you to ALL the wonderful team for

their hard work and dedication. Lets continue to support one another to ensure that our clients receive the care and services that they so deserve.



LIVING SKILLS TEAM

Hello All,

Hoping all our hardworking parents have rang Lynelle to put their name in the draw for the Carers Day activity. For those of you, who have not attended the previous years, it's a luxurious day of pampering, relaxing, socializing and dining. So ensure to roster a personal day in your diary and I look forward to seeing you there. If you can't join us for the pamper, come & join us for lunch!

As we are heading towards summer, and it's going to be a HOT one, from what I hear. Please ensure to always apply sunscreen prior to attending service and always pack a hat.

October Programs to look forward to:

Hawkesbury Races- You couldn't find a lovelier way of welcoming spring than a day at Hawkesbury Race Track. We will be attending the Richmond Club Charity Day. So remember to dress to impress, and expect nothing less than a great day.

Swimming - With the warmer weather sneaking its way back in, we have swimming back on the program. Swimming is not only great for exercise, but has many benefits:

Until next time:

Jodie Caruana

TEEN ZONE

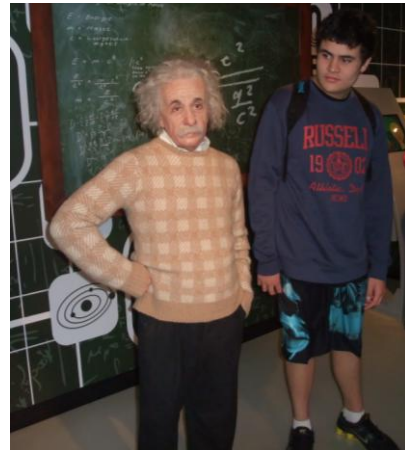
Hello All,

Wow! The months are going almost as quick as the days. Christmas is just around the corner and programs are already in planning, we have some great activities coming up. So ensure to book in to your activity choices on time, to avoid any disappointment.

Welcome to Teen Zone - Ivan, Jacyntha and Jakob. Hope you enjoy many happy activities with us and make many new friends.

Our Create It day at the Casula Power House Arts Centre was a huge success. Clients enjoyed dance, art and craft, followed by a photography session. Some other activities to look forward to:

- **Steam Train Day Trip to the Southern Highlands**
- **Luna Park**
- **International Motor Show**
- **Family Christmas Party**



Madame Tussauds



Till Next Time.

Jodie

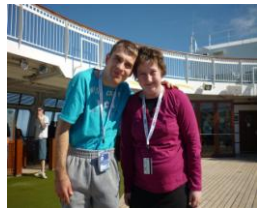
Viva Vibes

Welcome to Viva Vibe's September 2012 newsletter. The program has offered its first major holiday, a P & O comedy cruise, which was hugely successful. The cruise liner was over water travelling for 3 days, with no land in sight & no phone reception. The group left their normal days behind & entered a world of great friendships, laughter, fine food, comedy shows, bingo, art & sports auctions, cafes and so much more. The friendly P & O staff were accommodating, helpful and always close by to lend a hand or to have a good old chat. No need to say more as these photos speak for themselves.

Adventure, fun & Everlasting Friendships



P & O Comedy Cruise



Socialising Freedom Bonding
A message to everyone is "to keep living the dream." For more information please contact Andreama Young on 0437 007 390 or email ayoung@peckys.org.au.

Bye for now
Andreama

Transition to Work

Let's talk about TTW!!!!

The four clients in the TTW program have been working across a few different sites over the past couple of months. Two clients have been participating in work experience at the Salvation Army one day a week, interacting with the local community and learning how to stock shelves and clean the area they are working in. Two clients have taken part in work experience at Endeavour supported work placement, meeting new people and packaging boxes. We also have one keen client in work experience at Woolworths Seven Hills. He attended an induction for Woolworths and attends work placement one day a week.



The groups are working hard towards learning their standards, work readiness, resume writing, and interview skills one day a week at Stanhope Library.



The Hospitality cooking program is centre based on a Monday. Clients use the internet to research what type of meal that would like to cook. A shopping expedition is then planned to obtain all the ingredients. The clients are learning to prepare meals of their choice, using the appropriate equipment to cook meals and learning life skills with cleaning the area after they have enjoyed eating the meal they have prepared. Clients then use the computer to type the recipes up.



We are looking into a variety of work experience options over the next few weeks including Spotlight and also work experience at a nursing home.

Melissa Terheegde
Manager Community Access Programs

Staff profile – Sara Adderley



Hello everyone,

I first entered Community Services in early 2003. Primarily, I have worked in the Aged Care Industry for 9 years as a Lifestyle Coordinator, and have obtained my Cert 3 and Cert 4 in Community Services (Aged care). I loved the Aged Care industry and am very blessed to have met some wonderful people during that time; however I felt it was time for a change. I then moved into Youth work on a part time basis for 12 months, which was very interesting and rewarding. Disability, is a new venture into the community sector for me and since starting at Peckys in March, I have not looked back. I adore the clients and we have a great committed team here. Every day is a new challenge, and I look forward to many adventures along the way.

Many thanks for all your support!

Sara Adderley
Day Service Coordinator

**THANKYOU! THANKYOU, THANKYOU!
BLACKTOWN WORKERS CLUB**

have generously donated money for an
Outdoor Setting at the Sargents Centre!



**“WHAT’S HAPPENING AT PECKYS”
CARERS PAMPER DAY
Wednesday 17TH October, 2012**



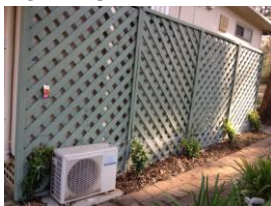
If you can't make the pamper come &
join us for lunch!

RSVP Lynelle Ph: 9688 3268

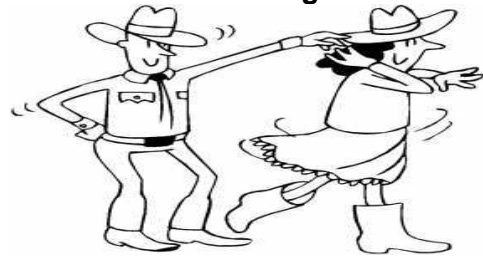
New Garden next to Admin. From This..



To This...



If anyone is interested in attending a
SQUARE DANCING night.



Phone Lynelle 9688 3268

**OUR NEW SHED
FROM THIS**



TO THIS



**Peckys Christmas Closure
Last day for clients Thursday 20th
December, 2012 & first day back for
clients Tuesday 15th January, 2013.**

